



# FOOD HISTORY, GASTRONOMY, COOKING, RECIPES: A GUIDE

**VINCENNES UNIVERSITY LIBRARIES**

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## ACCESS VU LIBRARIES

**Access the databases** mentioned below by going to the Vincennes University home page at <http://www.vinu.edu> and clicking on Majors and Academics, then Libraries. When the library's home page comes up, you can click on Find Books or Find Articles to begin researching your topic in databases.

## FIND BOOKS: VU WEBCAT ONLINE CATALOG

WebCat is VU's web-based library catalog. Use it to find books, videos, sound recordings, and other research items. Topics in VU WebCat pertaining to food, food history, gastronomy, cooking, and recipes include:

**food, nutrition, gastronomy, fruit, diet, cookery, dried foods, condiments, convenience foods, natural foods, smoked foods, grains, frozen foods, nuts, soyfoods, bread, milk, coffee, vegetarian cookery, pizza**

*Cookbooks can be browsed in the 641.5 area of the library's circulating collection upstairs.*

## PERIODICALS IN LIBRARY

*Better Homes and Gardens* (Current issues on Periodical Shelves, older issues in Bound Periodicals)

*Food & Wine* (Current issues on Periodical Shelves, older issues in Bound Periodicals and Microform)

*Gourmet* (Current issues on Periodical Shelves, older issues in Bound Periodicals)

## FIND ARTICLES: EBSCOhost (INSPIRE) Academic Search Premier

EBSCOhost (Inspire) provides access to many databases linking the user to bibliographic citations and full-text articles appearing in encyclopedias, journals, magazines, and newspapers. The **Academic Search Premier** and **Masterfile Premier** databases provide useful information for college research papers on many topics, including foods. Try specific search terms like **pizza, haggis, recipes, cookery**, etc. Food related journals in Academic Search Premier include:

*Food & Foodways: History & Culture of Human Nourishment*

*Food & Nutrition*

*International Journal of Food Sciences & Nutrition*

## FIND ARTICLES: PROQUEST, SIRS, NEWSBANK

**Proquest** contains thousands of journals and magazines, many of which are relevant to food research. Use Advanced Search with key terms such as **recipes Mexican**, etc.

**SIRS** contains three separate databases that contain thousands of articles selected by editors and indexed under specific headings. Search under subject headings like food, cookery, baking, pizza, etc. Also available is keyword searching.

**NewsBank's America's Newspapers/Access World News** provides article from national and international newspapers, wire services, journals, and magazines. Many Indiana newspapers including the *Indianapolis Star* are found here.

## REFERENCE BOOKS: Located in the library's Reference Collection

### Encyclopedias

- Coyle, Jr., L. Patrick. *The World Encyclopedia of Food* (Ref. 641 C881w)  
Ensminger, Audrey H., M.E. Ensminger, James E. Konlande, and John R.K. Robson. *The Concise Encyclopedia of Foods and Nutrition* (Ref. 613.2 C744c)  
--. *Foods and Nutrition Encyclopedia*. 2 vols. (Ref. 641.03 E59f)  
Hill, Tony. *The Contemporary Encyclopedia of Herbs & Spices* (Ref. 641.6 H648c)  
Smith, Andrew F. *Encyclopedia of Junk Food and Fast Food* (Ref. 641.5 S642e)  
*The Visual Food Encyclopedia: The Definitive Practical Guide to Food and Cooking* (Ref. 641.3 V834v)  
Wood, Rebecca. *The New Whole Foods Encyclopedia: A Comprehensive Resource for Healthy Eating* (Ref. 641.5 W878n)

### Dictionaries

- Anderson, Kenneth N., and Lois E. Anderson. *The International Dictionary of Food and Nutrition* (Ref. 641.03 A547i)  
Bartlett, Jonathan. *The Cook's Dictionary and Culinary Reference* (Ref. 641.03 B289c)  
Herbst, Sharon Tyler. *Food Lover's Companion* (Ref. 641.503 H538f)  
Labensky, Steven, Gaye G. Ingram, and Sarah R. Labensky. *Webster's New World Dictionary of Culinary Arts* (Ref. 641.03 W385w)  
Mariani, John. *The Dictionary of American Food and Drink* (Ref. 641.5973 M333d)  
Riely, Elizabeth. *The Chef's Companion* (Ref. 641.0321 B548)

### Guides, Miscellaneous Works

- The Cambridge World History of Food*. 2 vols. (Ref. 641.309 C178c)  
Chilnick, Lawrence D., ed. *The Food Book: The Complete Guide to the Most Popular Brand Name Foods in the United States* (Ref. 641.1 F686)  
Conway, Linda Glick, ed. *The New Professional Chef* (Ref. 641.57 C957c)  
Davidson, Alan. *The Oxford Companion to Food* (Ref. 641.3 D252o)  
Heaton, Donald D. *A Produce Reference Guide to Fruits and Vegetables from Around the World* (Ref. 641.3 H442p)  
Lang, Jenifer Harvey, ed. *Larousse Gastronomique* (Ref. 641.03 M758l)  
Livingston, A.D., and Helen Livingston. *Edible Plants and Animals: Unusual Foods from Aardvark to Zamia* (Ref. 641.03 L786e)  
Monk, Arlene, R.D. Franz, and Marion J. Franz. *Convenience Food Facts* (Ref. 641.10212 M7450)  
*The Professional Chef*. 8<sup>th</sup> ed. (Ref. 641.57 C967p)  
Rinzler, Carol Ann. *The Complete Book of Herbs, Spices and Condiments* (Ref. 641.3 R584c)  
Schneider, Elizabeth. *The Essential Reference: Vegetables from Amaranth to Zucchini* (Ref. 641.65 S358v)

## SELECTED INTERNET SITES

- The Creole and Cajun Recipe Page*: <http://www.gumbopages.com/recipe-page.html>  
*Traditional Food, Health, Nutrition* (Native American Focus): <http://www.kstrom.net/isk/food/foodmenu.html>  
*Epicurious: For People Who Eat*: <http://www.epicurious.com/>  
*Coffee*, by National Geographic <http://www.nationalgeographic.com/coffee/>  
*A World of Tea*: <http://www.stashtea.com/>  
*Three Men With Nothing Better to Do* (Guy food, barbecue, smoked meats, etc.): <http://www.3men.com/>  
*The Kitchen Link*: <http://www.kitchenlink.com/>  
*Soul Food*: [http://en.wikipedia.org/wiki/Soul\\_food](http://en.wikipedia.org/wiki/Soul_food)  
*The History of Pizza* (one of many sites): <http://whatscookingamerica.net/History/Pizza/PizzaHistory.htm>