BINGOcize®

Bingo + Trivia + Exercise

PRIZES & FUN

- BingoCize® is a health promotion program that combines the game of bingo with inclusive exercises for everyone! Come play bingo and meet new people while learning about how to reduce your risk of experiencing a fall.
- BINGOCIZE® IS EXERCISE FOR YOUR MIND, BODY, AND SPIRIT!

BINGOcize

LOCATION: GENERATIONS – ROOM 320

WHEN: Tuesdays & Fridays @ 11am

October 2, 6, 9, 13, 16, 20, 23, 27, & 30

November 3, 6, 10, 13, 17, 20 & 24

December 1, 4, 8 & 11

The University of Southern Indiana Geriatrics Workforce Enhancement Program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling $5,000,000 with 0% percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.