Generations
Area 13 Agency On Aging & Disability

AmeriCorps Seniors

Circle of Friends

Come join us as we try new activities, make friends and help others through our Circle of Friends program. We will do different activities each week based on your interests. Examples below are ones that we've done before but you may have other ideas in mind as well. For adults age 55 and over, individuals with disabilities, caregivers and care recipients of any age.

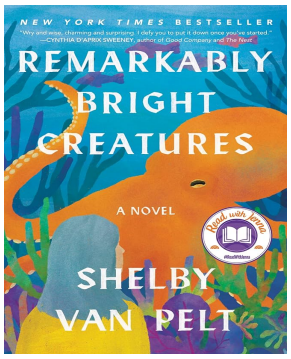
Huntingburg Senior Center: Thursdays at Noon on the following dates
9/3, 9/10, 9/17, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5 & 11/12
Let Allison know if you plan to participate.
On September 3rd, we will decorate cookies and learn about the program

Beginning Crochet

Button Bouquet

Fun with Rocks

Painting



Painting and book/movie review

Other ideas: Holiday Decorations, Cards, Flower Decorations, Healthy snacks, Nutrition, Fall Prevention, Caregiving, SHIP, Medicare, or Scam Programs

The University of Southern Indiana Geriatrics Workforce Enhancement Program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling $5,000,000 with 0% percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov. This material was produced at taxpayer expense.

VINCENNES UNIVERSITY
www.vinu.edu