

Donald G. Bell Student Recreation Center Spring 2026

(January 12th – May 8th)

HOURS OF OPERATION

7 AM – 11 PM

MONDAY – THURSDAY

7 AM – 9 PM

FRIDAY

10 AM – 8 PM

SATURDAY

12 – 10 PM

SUNDAY

(Student Recreation Center is closed during all VU & National Holidays)

Indoor Track & Court Area

- The six-lane indoor track is 200 meters in length in Lane #1.
- Track spikes of any kind are not allowed.
- Please be considerate of others in the area to avoid collisions.
- All four basketball courts can be converted to volleyball, tennis, or pickleball.

Fitness Centers

- The Selectorized and Cardio room contains 24 Magnum stations and 29 pieces of Cardio equipment.
- In addition, there is a stretch room complete with medicine balls, stability balls, abdominal benches, stretch trainers, and foam rollers.
- Please wipe off equipment after use.
- Please become familiar with each piece of equipment before using it.
- ***Please re-rack all weights when finished and please set dumbbells on the ground – don't drop/throw.***

Free Weights Area,
Cardio Area,
Selectorized Equipment (machines)
Stretch Room

Track/Outdoor Activity Areas

- Outdoor Track is available until dusk each night.
- Lights for the outdoor sand volleyball courts and basketball courts will normally operate until 11:30 p.m.

Equipment Rental

- Equipment may be checked out of the Equipment Room by presenting a current, valid and current VU ID.
- Equipment must be returned before your ID can be returned.
- Equipment can be checked out for a whole day, but must be returned before closing.

Locker Usage

- Two (2) locker rooms are located within the SRC. These lockers are for **DAY USE ONLY**.
- We encourage you to leave your valuables in a secure location under lock and key at home or in your vehicle out of sight. Vincennes University does not assume liability for items lost or stolen.
- For assistance, please refer to the front desk attendant. Patrons must only use the locker room of his/her own gender.

Steam Rooms (Currently Unavailable)

- Steam rooms are located in the men's and women's locker rooms.
- Please consult a physician before using a Steam Room, especially if you have any health-related issues.
- Patrons must only use the steam room of their own gender.
- For safety, 10-15 minutes is the maximum time allowed per session for healthy individuals.
- 18 years of age and under are **PROHIBITED** from using the steam rooms.
- Report any inappropriate activity to the nearest staff member immediately.
- Do not prop open the steam room doors. Escaping steam may set off fire alarms.

GENERAL POLICIES & REMINDERS

The PE Complex and related areas are available without charge to the VU community as outlined below. **See the Learning Resource Center (LRC) or Human Resources to obtain a valid ID if you do not already have one.** The Director of Campus Recreation and Facilities is responsible for scheduling all activities/areas within the recreational facilities. Any person or group desiring to schedule any of the facilities should contact the office by calling 812-888-4957.

Students:

All students with a valid VU Student ID will have access to the recreational facilities.

Faculty/Staff:

Currently employed full-time faculty and staff members and their spouse and dependent children have access to the recreation facilities with their proper VU ID Card. **Dependents under age 18 must be accompanied by a parent ID holder at all times.**

Retirees from VU:

Retirees who participate in the University health insurance plan have access to the recreation facilities, as well as their spouses and dependent children who participate in the University health insurance plan.

Board Members:

Current members of the University Board of Trustees and spouses of current members have access to the recreational facilities with an appropriate, valid VU ID.

Guests:

Guest privileges are available to qualifying full-time faculty and staff (see above item B). **Privileges are extended to an occasional guest. Guests must be age 18 or older, and they must be accompanied at all times** during the visit by the student/faculty/staff member with a valid ID. All guests will sign in and present an ID upon entering recreation facilities.

1. To enter the gym, please use the front doors only. Please have your current VU ID with you at all times.
2. Proper athletic attire is required in all activity areas while participating (sweats or shorts, and shirts are required).
3. Non-marking, clean, athletic footwear is required in all activity areas while participating.
4. No rollerblades, skateboards, or bicycles are allowed in any of the Recreational Sports Facilities. ADA-compliant scooters and service animals are welcome.
5. The P. E. Complex, Student Recreation Center, Aquatic Center, Bowling Center, and Jefferson Student Center are alcohol, e-cigarette, and tobacco-free (smoking or chewing) facilities.
6. Users will follow behavioral expectations of the University. This includes no fighting and no profanity.
7. Users are welcome to use audio devices for listening enjoyment. However, only personal headphones/earbuds are allowed. No external speakers will be allowed in any of the common areas of recreational facilities.