WINTER 2022
GenerationsNetwork.org

Generations

Area 13 Agency On Aging & Disability

A member of the INconnect Alliance.

INDEPENDENCE ▪ DIGNITY ▪ CHOICE

VINCENNES UNIVERSITY
www.vinu.edu

LETTER FROM GENERATIONS' EXECUTIVE DIRECTOR

Friends –

This edition of the magazine is different than what we normally do. This edition will provide you with a snapshot of who Generations is and what we do. You will find brief descriptions of the services we provide throughout the magazine, testimonials from people who have benefited from those services and data to show the impact we have made in the communities we serve.

Generations is the local Area Agency on Aging and Disability Resource Center(AAA). We are one of sixteen in the State of Indiana and 622 in the nation. An Area Agency on Aging (AAA) is a public or private nonprofit agency designated by a state to address the needs and concerns of all older persons at the regional and local levels. We were established under the federal authority of the Older Americans Act in 1973 to respond to the needs of Americans 60 and over in every local community. Indiana AAA's operate under the Family and Social Services Administration's Division of Aging. AAAs are charged with the responsibility of providing a comprehensive array of services to, and advocating for, the needs of Hoosiers residing in our service area. We coordinate and offer services that help older adults and individuals with disabilities remain in their homes, if that is their preference. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, we make it possible for older adults to "age in place" in their homes and communities.

Below is the snapshot of the services we offer that are further explained throughout the magazine. I hope you find this information valuable.

Happy New Year!

Laura Holscher

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Area 13 Agency On Aging & Disability
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CLIENT SERVICES

Aging & Disability Resource Center
- Phone Options Counseling
- Information and Referrals to community resources
- SHIP Counseling
- Assistance with navigating community benefits and processing applications
- Pre-Admission Screening

Field Options Counseling
- More in-depth OC to support you in choice, control and direction for the supports you are looking for
- Could include coordination for private pay, VA services, using informal supports, funding sources, etc.

Ongoing Care Management and Care Planning
- Non-Waiver and Waiver ongoing Care Management
- Care Transitions
- Money Follows the Person
- Vendor Management & Quality Assurance

Nutrition
- Home Delivered Meals
- Congregate Meals
- Nutrition Education
- Senior Farmers Market Voucher Program

Caregiver Resources
- Information and Assistance
- Respite
- Care Management/ Caregiver Coaching

HEALTHY AGING

Education & Information
- Dementia Friends Information Sessions and Dementia Friendly Communities
- Dine with a Doc
- Senior Medicare Patrol & Fraud Prevention
- Events – Aging Well, Elder Justice, Caregiver Connection
- Generations Magazine

Evidence-Based Health Programs
- Matter of Balance
- Chronic Disease Self-Management Program

Volunteerism
- RSVP (AmeriCorps Seniors)
- Tax Counseling for the Elderly
- Build-a-Basket - intergenerational
- Disability Awareness - intergenerational

Physical Activity
- Trailblazer 5k
- Step It Up

Advance Care Planning
- Respecting Choices
- PREPARE

For more information, visit our website at GenerationsNetwork.org

GENERATIONS' MISSION is to offer older adults, individuals with disabilities and caregivers options for a better quality of life.

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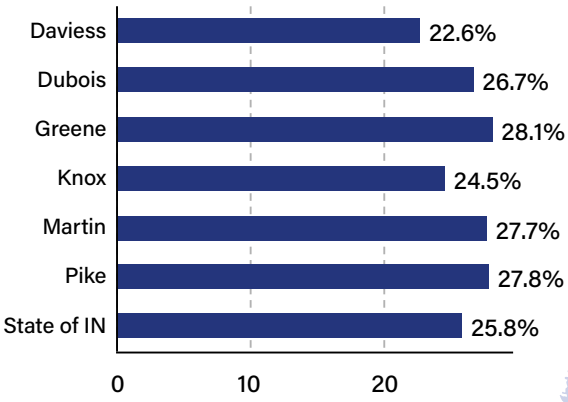
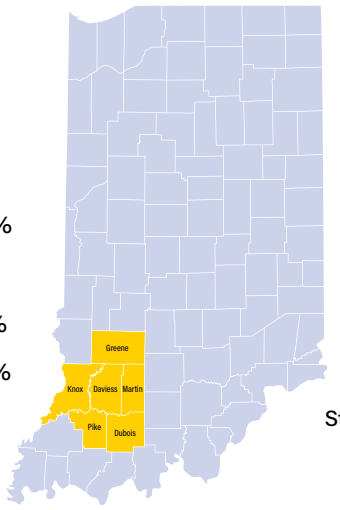
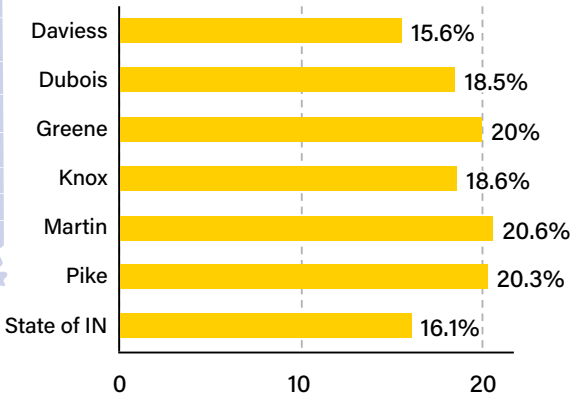
October 1, 2021 through September 30, 2022

Population: Ages 45-64





Population: Age 65+



SERVICE AREA POPULATION: 166,165

3,172	66,116	31,745	108,461	34,115	14,037	20,832
I & R Sessions	Units of Attendant Care	Units of Respite Care	Meals Provided	Vaccine Outreach	Units of Home & Community Assistance	Transportation Trips Provided

ANNUAL IMPACT

Provided 66,000+ Hours of Direct Services

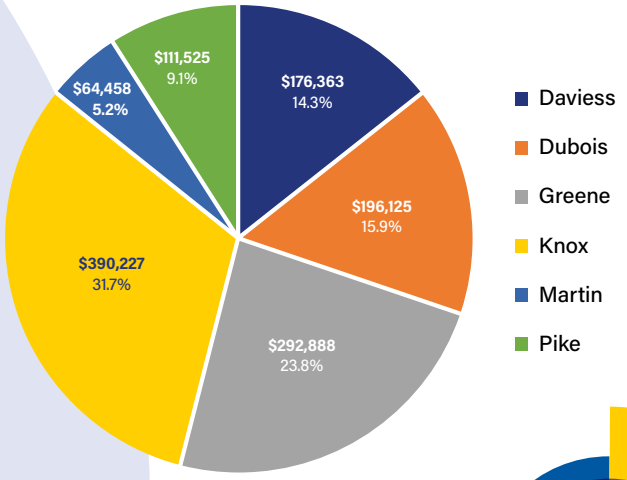
Regional Impact on 27,000+ Individuals

Agency Services

- Aging & Disability Resource Center (ADRC)
- Care Management
- Options Counseling
- Tax Counseling for the Elderly
- State Health Insurance Assistance Program (SHIP)
- Volunteer Programs
- Disease Prevention & Health Services
- Nutrition Program
- Evidence-Based Health & Wellness Programs
- In-Home Services
- Senior Medicare Patrol (SMP)
- Dementia Friends Indiana
- Family Caregiver Support Program

Service By County

$1,231,586 in Total Services



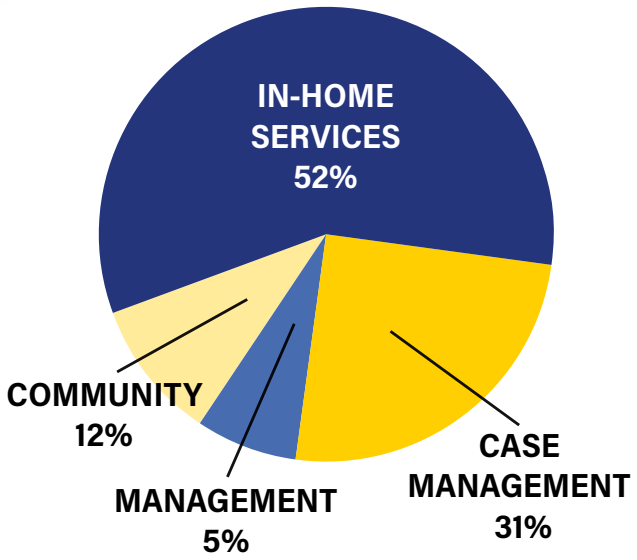
For more information, call Generations at 1-800-742-9002

ANNUAL REPORT
Fiscal Year 2021-2022

Generations
Area 13 Agency On Aging & Disability
A member of the INconnect Alliance.

Generations depends on federal and state dollars and donations from individuals and charities. Below is a profile of our financial position.

Our major funding sources include Older Americans Act, CHOICE, Social Service Block Grant, Medicaid Waiver and RSVP. Generations also receives funding from area businesses, community foundations, industries and individuals to support the programs and services offered by our agency.



REVENUES

Federal Funds	$2,683,936
State Funds	$972,351
Client Contributions	$15,614
In-Kind Match	$67,779
Fees/Cost Share	$5,704
Cash/Other/Grants	$27,158
TOTAL	**$3,772,542**

UNITS OF SERVICE

Meals on Wheels	94,281 Meals
Congregate Meals	14,180 Meals
Homemaker	3,509 Hours
Legal	250 Hours
Ombudsman	1,950 Hours
Transportation	20,832 Rides
Information & Assistance	3,172 Contacts
Case Management	91,830 Units
Personal Care	20,038 Hours
Adult Day Services	2,020 Hours
Volunteer Services	19,174 Hours
Pre-Admission Screening	414 Hours

EXPENDITURES

REVENUE	
Aging & Disability Resource Center	$393,010
Transportation	$55,545
In-Home Service	$831,936
Home Delivered Meals	$647,905
Congregate Meals	$212,989
Case Management	$1,143,728
Legal	$8,235
Ombudsman	$66,835
Management	$173,057
RSVP/TCE	$97,896
AngelWorx	$76,956
TOTAL	**$3,708,092**

For more information, visit our website at GenerationsNetwork.org

What Generations' Consumers Are Saying

"I am so blessed to have gotten Generations at this time. Without it, I would not be able to stay at home."

"Thank you for your programs. They are awesome!"

"I love Generations' assistance and especially the case managers and employees who really care about their clients as people."

"I appreciate all the help I get. I wouldn't be able to live at home without it."

For more information, call Generations at 1-800-742-9002

Aging and Disability Resource Center

Generations' Aging and Disability Resource Center is a one-stop resource center for information on programs and services for older adults, people with disabilities and their caregivers. With access to a comprehensive network of resources, the Options Counselors in the Aging and Disability Resource Center can connect callers to Generations' services or to other community resources.

The Aging and Disability Resource Center also serves as the single point of entry for individuals seeking assistance through programs such as CHOICE, Older Americans Act and Medical Model Waivers. Our goal is to bring the wealth of knowledge of services and resources from the office into the individual's home.

3,172 CONTACTS
provided information on and referrals to area resources to individuals requesting information and/or assistance.

"Jennifer went above and beyond providing information and guidance for my mother and her needs. She was always accessible and responded quickly to my call or text. I give her 10 stars."

For more information, visit our website at GenerationsNetwork.org

"Jennifer was able to set up respite care for me and meals for my spouse. What has been provided to us is above and beyond what we expected and has taken so much pressure and stress off of me and my daughter."

Options Counseling

Our knowledgeable and friendly Options Counselors are here to help you, your family members and caregivers by assessing existing and anticipated long-term care needs. Based on those identified needs, we then provide comprehensive information on the full range of available public and private programs, options, service providers and resources within the community.

Options Counselors provide a person-centered approach to assess each individual's needs, abilities and personal resources & information support system to:

- determine eligibility for services.
- identify appropriate private or public funding sources.
- outline service options and discuss those options with the individual, their families and caregivers.

1,274 INDIVIDUALS

received in-home or phone assessments by an Options Counselor to determine eligibility for in-home services.

"Jana was informative and helpful and I will recommend Generations to others."

To make a referral for in home services, you may call the Generations office at (800) 742-9002, or you can submit a referral online by visiting GenerationsNetwork.org and clicking the Make a Referral tab along the top of the homepage.

For more information, call Generations at 1-800-742-9002

SHIP

The State Health Insurance Assistance Program (SHIP) provides free and impartial health insurance counseling for people with Medicare. SHIP is not affiliated with any insurance company or agency and does not sell insurance. Generations' SHIP counselors have completed intensive training to offer free and objective assistance when assisting Medicare recipients to review their current Medicare prescription drug plan.

Medicare's Open Enrollment Period runs each year from October 15th to December 7th. All changes made during that time become effective on January 1st.

Low Income Subsidy benefit reduces a Medicare beneficiary's prescription drug cost while the Medicare Savings Program covers the cost of the Medicare Part B premium – both of these programs are based on income.

237
INDIVIDUALS
received SHIP counseling

SHIP counselors provided

38 SHIP PRESENTATIONS AND/OR EDUCATIONAL MATERIAL DISTRIBUTION

SHIP
State Health Insurance Assistance Program
Navigating Medicare

50
LOW INCOME SUBSIDY (LIS) *and* **MEDICARE SAVINGS PROGRAM (MSP) APPLICATIONS**
were submitted

For more information, visit our website at GenerationsNetwork.org

CARE TRANSITIONS

Generations provides in-home care transition visits and home-delivered meals to private insurance members living within the service area. Members who are admitted to an inpatient facility with a likelihood to readmit or experience an uncoordinated care transition will be referred for care transition visits or meals. A Generations Case Manager will conduct the visits to the members.

31 PRIVATE INSURANCE MEMBERS
received care transition services

50 IN-HOME PRE-ADMISSION SCREENS
completed

PRE-ADMISSION SCREENING

Pre-Admission Screening is a federal requirement to help ensure that individuals are not inappropriately placed in nursing facilities for long term care. Prior to nursing facility placement, screeners must:

- evaluate all applicants for serious mental illness and/or intellectual disability.
- offer all applicants the most appropriate setting for their needs (in the community, a nursing facility or acute care setting)
- provide all applicants the services they need in those settings.

For more information, call Generations at 1-800-742-9002

"Amy is excellent and tries to help with everything we need or ask for."

Case Management

Case Managers serve as navigators, guiding the elderly and disabled in their pursuit of services that will foster their independence, improve their quality of life and allow them to maintain a safe living environment.

Our Case Managers can help make the difficult decisions that face older Americans today. Case Management is organized to serve our clients using self-directed work teams. Each team has a team leader and shares client responsibilities within a fixed geographic area. Case Management teams are made of diverse groups of professionals that:

- come from a variety of backgrounds, including nursing, social work, counseling and education.
- are responsible for consumer-driven decision making and accountability, within the guidelines of Generations and funding sources accessed.
- are empowered to be decision makers to maximize the diversity of their talents.
- promote continuity of care for consumers.
- promote flexibility and responsiveness within our service system and at the team level where consumer contact, care planning and monitoring occur on a daily basis.
- work where they live.
- have local access to the local community.

1,752
active case managed
GENERATIONS' CONSUMERS

"Angie has helped my dad and myself so much. She is friendly and knowledgeable. Would have been lost without her guidance."

293
NEW CLIENTS
began receiving case management services

"Jodie is a delight. She is caring and understanding."

For more information, visit our website at GenerationsNetwork.org

"Mackenzie always answers any question I have and gives me valuable information. I feel blessed to have her as my case manager."

2,460
WELLNESS CHECKS
provided

"Kelly keeps in touch all the time. I love her."

"Sarah is always very concerned about me. She is willing to assist me and anything I need."

For more information, call Generations at 1-800-742-9002

NUTRITION

Meals on Wheels

While good nutrition is essential to health, many older adults begin to neglect their diets when shopping, cooking, and cleaning become more difficult, or when dietary problems restrict their food choices. Thanks to Meals on Wheels, hundreds of older adults and individuals with disabilities receive the nutrition they need, when they need it. Meals are funded by state and federal funds for clients who meet specific qualifications. Other clients donate according to their income.

1,333
NUTRITION RISK ASSESSMENTS
completed

94,281
HOME DELIVERED MEALS
were provided to
563 INDIVIDUALS
throughout Daviess, Dubois, Greene, Knox, Martin and Pike counties.

Congregate Meals

This program provides health-promoting meals in a variety of group settings, such as senior centers and faith-based settings. Meals provide at least one-third of the recommended Dietary Reference Intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and adhere to the current Dietary Guidelines for Americans issued by the Secretaries of the Departments of Health and Human Services and Agriculture. Lunch is served at neighborhood meal programs in your community. You must be 60 or older to be eligible.

Meals are partially funded by federal resources, but additional support is needed from local fundraising efforts and client donations. The average cost of one home delivered meal is $5.65. The average donation received per meal is 22¢.

MEALS ON WHEELS DONATIONS CAN BE MAILED TO:
Generations • P.O. Box 314 • Vincennes, IN 47591

To request an assessment for Meals on Wheels, contact the Generations office at (800) 742-9002.

Meals on Wheels

For more information, visit our website at GenerationsNetwork.org

14,180
CONGREGATE MEALS
were served to a total of
188
INDIVIDUALS
at the congregate meal sites throughout the service area.

CONGREGATE MEAL SITES

DUBOIS COUNTY
Ferdinand Senior Center
313 W. 9th Street, Ferdinand, IN 47532 • 812-367-2300

GREENE COUNTY
Glenburn Community Home
618 W. Glenburn Rd, Linton, IN 47441 • 812-847-3509

Jasonville Senior Center
145 ½ Lawton St, Jasonville, IN 47438 • 812-665-9053

Bloomfield Housing Authority
100 W Main St, Bloomfield, IN 47424 • 812-384-8866

MARTIN COUNTY
Loogootee Senior Center
406 Nw 1st Street, Loogootee, IN 47553 • 812-247-2525

Shoals Senior Center
409 Courthouse Dr, Shoals, IN 47581 • 812-247-2525

DAVIESS COUNTY
Senior & Family Services
211 E Main, Washington, IN 47501 • 812-254-1881
411 E Porter Street, Winslow, IN 47598 • 812-789-9405

KNOX COUNTY
Freelandville Community Home
310 N Carlisle St, Freelandville, IN 47535 • 812-328-2134

300
SENIOR FOOD BAGS
were distributed to farmers market voucher recipients.

For more information, call Generations at 1-800-742-9002

Caregiver Services

Generations' Caregiver Program assists and educates the family caregivers of individuals 55 and over. The program provides individual counseling, respite care and supplemental services on a limited basis.

1550 PEOPLE
received information about caregiver resources and/or referral to community caregiver services.

51 CAREGIVERS
received 8,365 hours of respite services.

521 INDIVIDUALS
were assessed for caregiver services.

Grandparents Raising Grandkids

Millions of grandparents and other relatives are raising children. The needs of children can seem overwhelming, especially if you are unexpectedly thrust into the role of being their primary caregiver. Generations can offer short term or emergency assistance to older adults who are legally responsible for minor(s).

Advance Care Planning

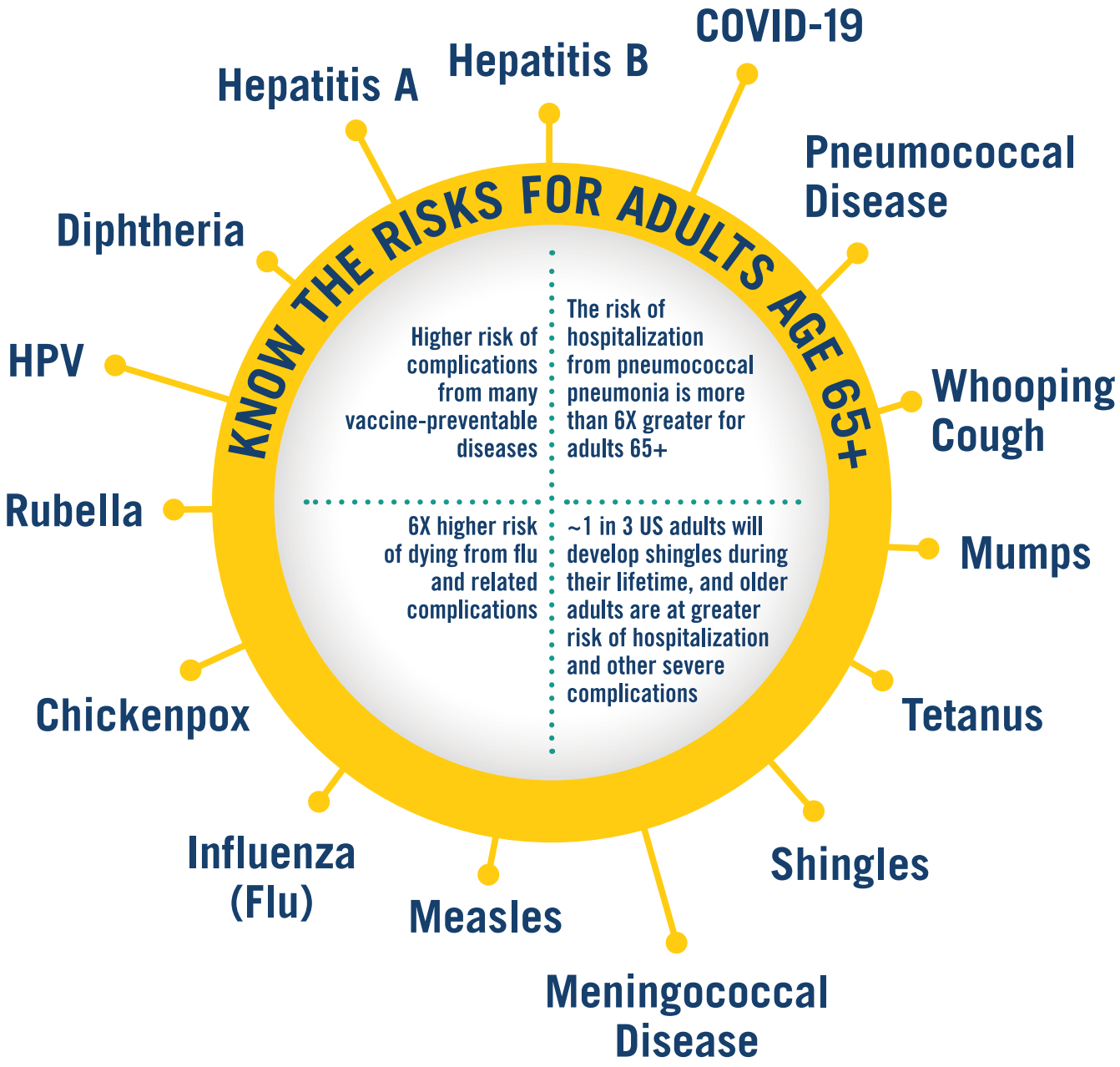
It's not easy to talk about how you want the end of your life to be, but it's one of the most important conversations you can have with your loved ones. Generations has staff trained in Prepare for Your Care. Visit their website at www.prepareforyourcare.org to find the help you need to get your thoughts together and then have a conversation with your family.

65 INDIVIDUALS
received Advance Care Planning counseling.

For more information, visit our website at GenerationsNetwork.org

VACCINES ARE NOT JUST FOR CHILDREN

ADULTS 65+ CAN BE PROTECTED FROM DEADLY DISEASES



Talk with your healthcare professional about vaccines recommended for older adults

For more information, visit nfid.org

National Foundation for Infectious Diseases®

#GetVaccinated

Ombudsman

The mission of the Long Term Care Ombudsman Program is to improve the quality of life and care for residents of long-term care facilities. That mission is accomplished through investigation and resolution of individual complaints, consumer education designed to inform and empower consumers, system advocacy which includes legislation and public policy activities, promotion of community involvement in long-term care and other activities designed to improve long-term care delivery and oversight.

In FY 21-22, the Area 13 Ombudsman assisted in

163 CASES.

What does the Ombudsman do?

- Receives, investigates, and attempts to resolve problems or complaints affecting residents of long-term care facilities
- Answers questions and provides information and referrals about long-term care related services, including alternatives to nursing home care and how to choose a nursing home
- Promotes resident, family, and community involvement in long-term care
- Promotes community education and awareness of the needs of residents
- Coordinates efforts with other agencies and organizations concerned with long-term care
- Identifies issues and problem areas in long-term care and recommend needed changes

If you have questions or concerns about yourself or a loved one residing in a long-term care facility in Daviess, Dubois, Greene, Knox, Martin or Pike counties, please contact the Area 13 Ombudsman at (812) 888-5158.

Who can contact the Ombudsman?

- Residents or potential residents of long-term care facilities
- Relatives or friends of long-term care residents
- Long-term care administrators and employees
- Representatives of agencies and professional groups
- Members of community groups or citizens interested in improving long term care
- **ANYONE!**

For more information, visit our website at GenerationsNetwork.org

HEALTHY AGING

Evidence-Based Programs

A Matter of Balance, Managing Concerns About Falls is an evidence-based nationally recognized, fall prevention program that focuses on training older adults to reduce their fear of falling and increase their activity levels while socializing with their peers.

96 INDIVIDUALS *participated in A Matter of Balance.*

A MATTER OF BALANCE
MANAGING CONCERNS ABOUT FALLS

40 INDIVIDUALS *participated in Diabetes Self-Management workshops.*

Chronic Disease Self-Management and Diabetes Self-Management Programs are self-management education and training programs through which people with diabetes and/or other chronic diseases or conditions gain the knowledge and skills needed to modify their behavior and successfully self-manage the disease and its related conditions. This process incorporates the needs, goals, and life experiences of the person and are guided by evidence-based standards.

52 INDIVIDUALS *participated in Chronic Disease Self-Management workshops.*

To find a workshop near you, or to schedule a workshop for an organization or group, contact Cathy Jones at (812) 888-5159 or by email at CatherineJones@vinu.edu.

For more information, call Generations at 1-800-742-9002

A MATTER OF BALANCE
MANAGING CONCERNS ABOUT FALLS

Do You Have Concerns About Falling?

A MATTER OF BALANCE is an award-winning evidence-based program that emphasizes practical strategies to manage falls

WHO SHOULD ATTEND?

- Anyone concerned about falls
- Anyone interested in improving balance, flexibility, and strength
- Anyone who has fallen in the past
- Anyone who has restricted activities because of falling concerns

FREE CLASS - Limited to 10 participants

PARTICIPANTS LEARN TO

- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risks at home
- Exercise to increase strength and balance

To learn more about this eight-week evidence-based program, or to schedule a program in your area, contact Cathy Jones at (812) 888-5159 or by e-mail at Catherine.Jones@vinu.edu

A Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model ©2006
This program is based on Fear of Falling: A Matter of Balance. ©1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

A Matter of Balance Lay Leader Model
Recognized for Innovation and Quality in Healthcare and Aging, 2006, American Society on Aging.
A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (#90AM2780).

This project is supported by the University of Southern Indiana Geriatrics Workforce Enhancement program (GWEP), funded by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). Proud partners are the University of Southing Indiana, Deaconess Clinic, Generations, and SWIRCA & More.

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Living a Healthy Life with Chronic Conditions

Based on Stanford University's **Chronic Disease Self-Management Program**

Learn how to live a better life with chronic diseases such as diabetes, heart disease, chronic respiratory disease, etc.

A FREE PROGRAM*
ALL MATERIALS PROVIDED

SCAN ME

Scan to watch a video about this program

TOPICS COVERED

- Managing symptoms
- Healthy eating
- Medication usage
- Stress management
- Making informed treatment decisions
- Working with healthcare providers
- Setting goals

To learn more about this six-week evidence-based program, or to schedule a program in your area, contact Cathy Jones at (812) 888-5159 or by e-mail at Catherine.Jones@vinu.edu

*This workshop does not replace any of your existing programs or treatments

This project is supported by the University of Southern Indiana Geriatrics Workforce Enhancement program (GWEP), funded by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). Proud partners are the University of Southing Indiana, Deaconess Clinic, Generations, and SWIRCA & More.

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Dine with a Doc® is a monthly program presented by Senior Education Ministries in partnership with Generations. Its purpose is to provide socialization and information for older adults. Medical specialists present on and answer questions about important medical topics, and local sponsors provide a free meal to attendees. Dine with a Doc® is scheduled for the first Wednesday of every month from 11 a.m. to 1 p.m. on the Vincennes University Campus.

For more information on the next Dine with a Doc® check out the Generations Facebook page or visit our website at GenerationsNetwork.org

162
INDIVIDUALS
attended Dine with a Doc®.

416
AREA 5TH GRADERS
participated in Disability Awareness.

Disability Awareness provides all Knox County 5th graders an idea of what it is like have a disability by having them participate in stations that simulate various disabilities.

For more information, visit our website at GenerationsNetwork.org

34 INDIVIDUALS
became Dementia Friends this past year.

The Dementia Friends Indiana movement seeks to advance education and awareness of dementia, reduce the stigma associated with the disease and create community environments that are welcoming and conducive for those living with dementia. A Dementia Friend is someone who wants to make a positive difference in the lives of people living with dementia through increased awareness and support. Even small changes can help support people living with dementia to remain included, accepted and connected with their community.

For more information, visit DementiaFriendsIndiana.org. To schedule a Dementia Friends Indiana information session for your organization or group, contact Brenda Hancock at (812) 888-5146 or bhancock@vinu.edu.

77 AREA INDIVIDUALS
attended nutrition awareness programs.

Nutrition Awareness Education activities provide and educational program at each congregate meal site and other rural sites where seniors gather during Nutrition Awareness Month.

NEARLY 40 COMMUNITY MEMBERS
attended the Caregiver Cornerstone event held at Eastside Park in Washington, IN.

Generations' Community Events combine health screens, vendor fairs and presentations on a variety of rotating topics such as caregiving, aging well and elder justice.

For more information, call Generations at 1-800-742-9002

Generations' Volunteer Programs

Generations has
167 CURRENT AMERICORPS SENIOR VOLUNTEERS.

Research shows that doing as little as 2 hours of volunteering a week can improve your mental, emotional and physical health.

AmeriCorps Seniors RSVP (Retired and Senior Volunteer Program) pairs individuals 55 and over with volunteer opportunities that match their interests. This program is available in Greene and Knox counties.

AngelWorx provides volunteer opportunities in all six service counties and provides opportunities to individuals under 55.

Generations Volunteer Opportunities and Impact

Senior Medicare Patrol (SMP) volunteers speak at public events and distribute information on how to detect Medicare Fraud, practical protection techniques and how to report suspected fraud.

1425 INDIVIDUALS
have been reached this year by SMP volunteers.

Tax Counseling for the Elderly (TCE) provides preparation and tax filing at no charge to elderly and disabled individuals. This is a volunteer program, and all volunteers are certified to prepare and file tax returns.

TCE volunteers prepared
1,748 2021 TAX RETURNS.

For a full list of volunteer opportunities, you may contact Kim Fourman at (812) 888-5879.

For more information, visit our website at GenerationsNetwork.org

808
BUILD-A-BASKETS
were donated by volunteers during the 2021 holiday season.

Build-A-Basket provides holiday baskets to Generations' consumers in need during the holiday season; baskets are filled with everyday items that many of us take for granted. This project is open to schools, churches, businesses and individuals. Just purchase a laundry basket or tote and fill it with items such as dish soap, deodorant, toothpaste, etc.

387
KNOX COUNTY CHILDREN
were able to provide Christmas gifts to their adult caregiver through the Little Elves program.

Little Elves volunteers conduct workshops at sites throughout Knox County giving children at 150% of poverty the opportunity to Christmas "shop" for the adult caregivers in their homes.

Food Pantry volunteers help to sort and distribute food at local food pantries.

2,455 INDIVIDUALS
received assistance from local food pantries.

For more information, call Generations at 1-800-742-9002

2,950
BITS AND BYTES NEWSLETTERS
were mailed to homebound consumers.

Bits and Bytes Monthly Newsletter provides information and activities to homebound Generations' consumers. Volunteers help to prepare the newsletters and activities to be mailed.

Community Sewing Projects draws on the sewing talents of volunteers who create and donate projects to local causes. Projects such as chemo caps, walker caddies, masks and sewing projects for military funerals.

1,048
SEWING PROJECTS
were completed and donated by volunteers.

945 CHILDREN *were screened by volunteers for common eye problems.*

Children's Vision Screening provides vision screens for pre-k and kindergarten children by trained volunteers to identify common vision problems so that they can be addressed by a professional early to avoid permanent damage.

Kindergarten Jumpstart helps prepare children for school by allowing them to spend two weeks prior to the start of school in classrooms. Generations' volunteers partner with the United Way of Knox County for this program.

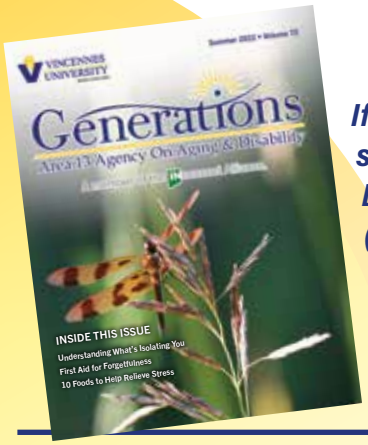
45 CHILDREN *participated in the Kindergarten Jumpstart program.*

For a full list of volunteer opportunities, you may contact Kim Fourman at (812) 888-5879.

For more information, call Generations at 1-800-742-9002

Other Fun Facts...

The Generations magazine is published three times per year and is FREE to subscribers. We strive to provide information that is interesting and helpful to older adults and caregivers.



If you would like to subscribe, contact Brenda Hancock at (812) 888-5146 or bhancock@vinu.edu.

Generations' website has had over
6,600 VISITORS.

Generations' magazine has over
4,400 SUBSCRIBERS
in our six-county service area and beyond.

Generations has over
1,400 FACEBOOK FOLLOWERS.

320 INDIVIDUALS
attended various Generations' presentations.

For more information, visit our website at GenerationsNetwork.org

Indiana Legal Services provided assistance to

250 INDIVIDUALS

within the six-county service area

Nearly

21,000 TRIPS

were provided by transportation providers in the Generations service area.

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Volume 73 • P.O. Box 314 • Vincennes, IN 47591

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