LETTER FROM GENERATIONS’ EXECUTIVE DIRECTOR

Friends –

This edition of the magazine is different than what we normally do. This edition will provide you with a snapshot of who Generations is and what we do. You will find brief descriptions of the services we provide throughout the magazine, testimonials from people who have benefited from those services and data to show the impact we have made in the communities we serve.

Generations is the local Area Agency on Aging and Disability Resource Center (AAA). We are one of sixteen in the State of Indiana and 622 in the nation. An Area Agency on Aging (AAA) is a public or private nonprofit agency designated by a state to address the needs and concerns of all older persons at the regional and local levels. We were established under the federal authority of the Older Americans Act in 1973 to respond to the needs of Americans 60 and over in every local community. Indiana AAA’s operate under the Family and Social Services Administration’s Division of Aging. AAAs are charged with the responsibility of providing a comprehensive array of services to, and advocating for, the needs of Hoosiers residing in our service area. We coordinate and offer services that help older adults and individuals with disabilities remain in their homes, if that is their preference. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, we make it possible for older adults to “age in place” in their homes and communities.

Below is the snapshot of the services we offer that are further explained throughout the magazine. I hope you find this information valuable.

Happy New Year!

Laura Holscher

CLIENT SERVICES

Aging & Disability Resource Center
- Phone Options Counseling
- Information and Referrals to community resources
- SHIP Counseling
- Assistance with navigating community benefits and processing applications
- Pre-Admission Screening

Field Options Counseling
- More in-depth OC to support you in choice, control and direction for the supports you are looking for
- Could include coordination for private pay, VA services, using informal supports, funding sources, etc.

Ongoing Care Management and Care Planning
- Non-Waiver and Waiver ongoing Care Management
- Care Transitions
- Money Follows the Person
- Vendor Management & Quality Assurance

Nutrition
- Home Delivered Meals
- Congregate Meals
- Nutrition Education
- Senior Farmers Market Voucher Program

Caregiver Resources
- Information and Assistance
- Respite
- Care Management/Caregiver Coaching

HEALTHY AGING

Education & Information
- Dementia Friends Information Sessions and Dementia Friendly Communities
- Dine with a Doc
- Senior Medicare Patrol & Fraud Prevention
- Events – Aging Well, Elder Justice, Caregiver Connection
- Generations Magazine

Evidence-Based Health Programs
- Matter of Balance
- Chronic Disease Self-Management Program

Volunteerism
- RSVP (AmeriCorps Seniors)
- Tax Counseling for the Elderly
- Build-a-Basket - intergenerational
- Disability Awareness - intergenerational

Physical Activity
- Trailblazer 5k
- Step It Up

Advance Care Planning
- Respecting Choices
- PREPARE

For more information, visit our website at GenerationsNetwork.org
**Generations’ Mission** is to offer older adults, individuals with disabilities and caregivers options for a better quality of life.

October 1, 2021 through September 30, 2022

### Population: Ages 45-64

- Daviess: 22.6%
- Dubois: 26.7%
- Greene: 28.1%
- Knox: 24.5%
- Martin: 27.7%
- Pike: 27.8%
- State of IN: 25.8%

### Population: Age 65+

- Daviess: 15.6%
- Dubois: 18.5%
- Greene: 20%
- Knox: 18.6%
- Martin: 20.6%
- Pike: 20.3%
- State of IN: 16.1%

**Service Area Population:** 166,165

- **I & R Sessions:** 3,172
- **Units of Attendant Care:** 66,166
- **Units of Respite Care:** 31,745
- **Meals Provided:** 108,461
- **Vaccine Outreach:** 34,115
- **Units of Home & Community Assistance:** 14,037
- **Transportation Trips Provided:** 20,832

**Annual Impact**

- Provided 66,000+ Hours of Direct Services
- Regional Impact on 27,000+ Individuals

### Agency Services

- Aging & Disability Resource Center (ADRC)
- Care Management
- Options Counseling
- Tax Counseling for the Elderly
- State Health Insurance Assistance Program (SHIP)
- Volunteer Programs
- Disease Prevention & Health Services
- Nutrition Program
- Evidence-Based Health & Wellness Programs
- In-Home Services
- Senior Medicare Patrol (SMP)
- Dementia Friends Indiana
- Family Caregiver Support Program

**Service By County**

- **$64,456** Daviess
- **$390,227** Dubois
- **$176,363** Greene
- **$196,125** Knox
- **$111,525** Martin
- **$292,888** Pike

For more information, call Generations at 1-800-742-9002
Generations depends on federal and state dollars and donations from individuals and charities. Below is a profile of our financial position.

Our major funding sources include Older Americans Act, CHOICE, Social Service Block Grant, Medicaid Waiver and RSVP. Generations also receives funding from area businesses, community foundations, industries and individuals to support the programs and services offered by our agency.

### REVENUES

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal Funds</td>
<td>$2,683,936</td>
</tr>
<tr>
<td>State Funds</td>
<td>$972,351</td>
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<tr>
<td>Client Contributions</td>
<td>$15,614</td>
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<tr>
<td>In-Kind Match</td>
<td>$67,779</td>
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<tr>
<td>Fees/Cost Share</td>
<td>$5,704</td>
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<tr>
<td>Cash/Other/Grants</td>
<td>$27,158</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$3,772,542</strong></td>
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### UNITS OF SERVICE

<table>
<thead>
<tr>
<th>Service</th>
<th>Units/Hours</th>
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</thead>
<tbody>
<tr>
<td>Meals on Wheels</td>
<td>94,281 Meals</td>
</tr>
<tr>
<td>Congregate Meals</td>
<td>14,180 Meals</td>
</tr>
<tr>
<td>Homemaker</td>
<td>3,509 Hours</td>
</tr>
<tr>
<td>Legal</td>
<td>250 Hours</td>
</tr>
<tr>
<td>Ombudsman</td>
<td>1,950 Hours</td>
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<tr>
<td>Transportation</td>
<td>20,832 Rides</td>
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<tr>
<td>Information &amp; Assistance</td>
<td>3,172 Contacts</td>
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<tr>
<td>Case Management</td>
<td>91,830 Units</td>
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<tr>
<td>Personal Care</td>
<td>20,038 Hours</td>
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<tr>
<td>Adult Day Services</td>
<td>2,020 Hours</td>
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<td>Volunteer Services</td>
<td>19,174 Hours</td>
</tr>
<tr>
<td>Pre-Admission Screening</td>
<td>414 Hours</td>
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### EXPENDITURES

#### REVENUE

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Aging &amp; Disability Resource Center</td>
<td>$393,010</td>
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<tr>
<td>Transportation</td>
<td>$55,545</td>
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<tr>
<td>In-Home Service</td>
<td>$831,936</td>
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<tr>
<td>Home Delivered Meals</td>
<td>$647,905</td>
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<td>Congregate Meals</td>
<td>$212,989</td>
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<td>Case Management</td>
<td>$1,143,728</td>
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<td>Legal</td>
<td>$8,235</td>
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<td>Ombudsman</td>
<td>$66,835</td>
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<td>Management</td>
<td>$173,057</td>
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<tr>
<td>RSVP/TCE</td>
<td>$97,896</td>
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<tr>
<td>AngelWorx</td>
<td>$76,956</td>
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<td><strong>TOTAL</strong></td>
<td><strong>$3,708,092</strong></td>
</tr>
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</table>

For more information, visit our website at GenerationsNetwork.org
What Generations’ Consumers Are Saying

“I am so blessed to have gotten Generations at this time. Without it, I would not be able to stay at home.”

“I love Generations’ assistance and especially the case managers and employees who really care about their clients as people.”

“Thank you for your programs. They are awesome!”

“I appreciate all the help I get. I wouldn’t be able to live at home without it.”

For more information, call Generations at 1-800-742-9002
Aging and Disability Resource Center

Generations’ Aging and Disability Resource Center is a one-stop resource center for information on programs and services for older adults, people with disabilities and their caregivers. With access to a comprehensive network of resources, the Options Counselors in the Aging and Disability Resource Center can connect callers to Generations' services or to other community resources.

The Aging and Disability Resource Center also serves as the single point of entry for individuals seeking assistance through programs such as CHOICE, Older Americans Act and Medical Model Waivers. Our goal is to bring the wealth of knowledge of services and resources from the office into the individual's home.

3,172 CONTACTS provided information on and referrals to area resources to individuals requesting information and/or assistance.

“Jennifer went above and beyond providing information and guidance for my mother and her needs. She was always accessible and responded quickly to my call or text. I give her 10 stars.”

For more information, visit our website at GenerationsNetwork.org
Options Counseling

Our knowledgeable and friendly Options Counselors are here to help you, your family members and caregivers by assessing existing and anticipated long-term care needs. Based on those identified needs, we then provide comprehensive information on the full range of available public and private programs, options, service providers and resources within the community.

Options Counselors provide a person-centered approach to assess each individual's needs, abilities and personal resources & information support system to:

- determine eligibility for services.
- identify appropriate private or public funding sources.
- outline service options and discuss those options with the individual, their families and caregivers.

"Jana was informative and helpful and I will recommend Generations to others."

To make a referral for in home services, you may call the Generations office at (800) 742-9002, or you can submit a referral online by visiting GenerationsNetwork.org and clicking the Make a Referral tab along the top of the homepage.

For more information, call Generations at 1-800-742-9002
SHIP

The State Health Insurance Assistance Program (SHIP) provides free and impartial health insurance counseling for people with Medicare. SHIP is not affiliated with any insurance company or agency and does not sell insurance. Generations’ SHIP counselors have completed intensive training to offer free and objective assistance when assisting Medicare recipients to review their current Medicare prescription drug plan.

Medicare’s Open Enrollment Period runs each year from October 15th to December 7th. All changes made during that time become effective on January 1st.

Low Income Subsidy benefit reduces a Medicare beneficiary’s prescription drug cost while the Medicare Savings Program covers the cost of the Medicare Part B premium – both of these programs are based on income.

SHIP counselors provided

38 SHIP PRESENTATIONS
AND/OR EDUCATIONAL
MATERIAL DISTRIBUTION

237 INDIVIDUALS
received SHIP
counseling

50 LOW INCOME
SUBSIDY (LIS) and
MEDICARE SAVINGS
PROGRAM (MSP)
APPLICATIONS
were submitted

For more information, visit our website at GenerationsNetwork.org
CARE TRANSITIONS
Generations provides in-home care transition visits and home-delivered meals to private insurance members living within the service area. Members who are admitted to an inpatient facility with a likelihood to readmit or experience an uncoordinated care transition will be referred for care transition visits or meals. A Generations Case Manager will conduct the visits to the members.

31 PRIVATE INSURANCE MEMBERS received care transition services

PRE-ADMISSION SCREENING
Pre-Admission Screening is a federal requirement to help ensure that individuals are not inappropriately placed in nursing facilities for long term care. Prior to nursing facility placement, screeners must:

• evaluate all applicants for serious mental illness and/or intellectual disability.
• offer all applicants the most appropriate setting for their needs (in the community, a nursing facility or acute care setting)
• provide all applicants the services they need in those settings.

50 IN-HOME PRE-ADMISSION SCREENS completed

For more information, call Generations at 1-800-742-9002
Case Management

Case Managers serve as navigators, guiding the elderly and disabled in their pursuit of services that will foster their independence, improve their quality of life and allow them to maintain a safe living environment.

Our Case Managers can help make the difficult decisions that face older Americans today. Case Management is organized to serve our clients using self-directed work teams. Each team has a team leader and shares client responsibilities within a fixed geographic area. Case Management teams are made of diverse groups of professionals that:

- come from a variety of backgrounds, including nursing, social work, counseling and education.
- are responsible for consumer-driven decision making and accountability, within the guidelines of Generations and funding sources accessed.
- are empowered to be decision makers to maximize the diversity of their talents.
- promote continuity of care for consumers.
- promote flexibility and responsiveness within our service system and at the team level where consumer contact, care planning and monitoring occur on a daily basis.
- work where they live.
- have local access to the local community.

1,752 active case managed GENERATIONS’ CONSUMERS

“Angie has helped my dad and myself so much. She is friendly and knowledgeable. Would have been lost without her guidance.”

“Jodie is a delight. She is caring and understanding.”

293 NEW CLIENTS began receiving case management services

For more information, visit our website at GenerationsNetwork.org
“Mackenzie always answers any question I have and gives me valuable information. I feel blessed to have her as my case manager.”

“Kelly keeps in touch all the time. I love her.”

“Sarah is always very concerned about me. She is willing to assist me and anything I need.”

For more information, call Generations at 1-800-742-9002
Meals on Wheels

While good nutrition is essential to health, many older adults begin to neglect their diets when shopping, cooking, and cleaning become more difficult, or when dietary problems restrict their food choices. Thanks to Meals on Wheels, hundreds of older adults and individuals with disabilities receive the nutrition they need, when they need it. Meals are funded by state and federal funds for clients who meet specific qualifications. Other clients donate according to their income.

Meals are partially funded by federal resources, but additional support is needed from local fundraising efforts and client donations. The average cost of one home delivered meal is $5.65. The average donation received per meal is 22¢.

MEALS ON WHEELS DONATIONS CAN BE MAILED TO:
Generations • P.O. Box 314 • Vincennes, IN 47591

To request an assessment for Meals on Wheels, contact the Generations office at (800) 742-9002.

For more information, visit our website at GenerationsNetwork.org

Congregate Meals

This program provides health-promoting meals in a variety of group settings, such as senior centers and faith-based settings. Meals provide at least one-third of the recommended Dietary Reference Intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and adhere to the current Dietary Guidelines for Americans issued by the Secretaries of the Departments of Health and Human Services and Agriculture. Lunch is served at neighborhood meal programs in your community. You must be 60 or older to be eligible.
14,180 CONGREGATE MEALS were served to a total of 188 INDIVIDUALS at the congregate meal sites throughout the service area.

CONGREGATE MEAL SITES

DUBOIS COUNTY
Ferdinand Senior Center
313 W. 9th Street, Ferdinand, IN 47532 • 812-367-2300

GREENE COUNTY
Glenburn Community Home
618 W. Glenburn Rd, Linton, IN 47441 • 812-847-3509
Jasonville Senior Center
145 ½ Lawton St, Jasonville, IN 47438 • 812-665-9053
Bloomfield Housing Authority
100 W Main St, Bloomfield, IN 47424 • 812-384-8866

MARTIN COUNTY
Loogootee Senior Center
406 Nw 1st Street, Loogootee, IN 47553 • 812-247-2525
Shoals Senior Center
409 Courthouse Dr, Shoals, IN 47581 • 812-247-2525

DAVIESS COUNTY
Senior & Family Services
211 E Main, Washington, IN 47501 • 812-254-1881
411 E Porter Street, Winslow, IN 47598 • 812-789-9405

KNOX COUNTY
Freelandville Community Home
310 N Carlisle St, Freelandville, IN 47535 • 812-328-2134

For more information, call Generations at 1-800-742-9002

300 SENIOR FOOD BAGS were distributed to farmers market voucher recipients.
Caregiver Services
Generations’ Caregiver Program assists and educates the family caregivers of individuals 55 and over. The program provides individual counseling, respite care and supplemental services on a limited basis.

1550 people received information about caregiver resources and/or referral to community caregiver services.

521 individuals were assessed for caregiver services.

51 caregivers received 8,365 hours of respite services.

Grandparents Raising Grandkids
Millions of grandparents and other relatives are raising children. The needs of children can seem overwhelming, especially if you are unexpectedly thrust into the role of being their primary caregiver. Generations can offer short term or emergency assistance to older adults who are legally responsible for minor(s).

 Advance Care Planning
It’s not easy to talk about how you want the end of your life to be, but it’s one of the most important conversations you can have with your loved ones. Generations has staff trained in Prepare for Your Care. Visit their website at www.prepareforyourcare.org to find the help you need to get your thoughts together and then have a conversation with your family.

65 individuals received Advance Care Planning counseling.
VACCINES ARE NOT JUST FOR CHILDREN
ADULTS 65+ CAN BE PROTECTED FROM DEADLY DISEASES

Hepatitis A
Hepatitis B
COVID-19
Pneumococcal Disease
Diphtheria
Whooping Cough
HPV
Mumps
Rubella
Tetanus
Chickenpox
Shingles
Influenza (Flu)
Measles
Meningococcal Disease

KNOW THE RISKS FOR ADULTS AGE 65+

Higher risk of complications from many vaccine-preventable diseases

The risk of hospitalization from pneumococcal pneumonia is more than 6X greater for adults 65+

6X higher risk of dying from flu and related complications

~1 in 3 US adults will develop shingles during their lifetime, and older adults are at greater risk of hospitalization and other severe complications

Talk with your healthcare professional about vaccines recommended for older adults

For more information, visit nfid.org

#GetVaccinated
Ombudsman

The mission of the Long Term Care Ombudsman Program is to improve the quality of life and care for residents of long-term care facilities. That mission is accomplished through investigation and resolution of individual complaints, consumer education designed to inform and empower consumers, system advocacy which includes legislation and public policy activities, promotion of community involvement in long-term care and other activities designed to improve long-term care delivery and oversight.

What does the Ombudsman do?

• Receives, investigates, and attempts to resolve problems or complaints affecting residents of long-term care facilities
• Answers questions and provides information and referrals about long-term care related services, including alternatives to nursing home care and how to choose a nursing home
  • Promotes resident, family, and community involvement in long-term care
  • Promotes community education and awareness of the needs of residents
  • Coordinates efforts with other agencies and organizations concerned with long-term care
  • Identifies issues and problem areas in long-term care and recommend needed changes

In FY 21-22, the Area 13 Ombudsman assisted in 163 CASES.

Who can contact the Ombudsman?

• Residents or potential residents of long-term care facilities
• Relatives or friends of long-term care residents
• Long-term care administrators and employees
• Representatives of agencies and professional groups
• Members of community groups or citizens interested in improving long term care
• ANYONE!

If you have questions or concerns about yourself or a loved one residing in a long-term care facility in Daviess, Dubois, Greene, Knox, Martin or Pike counties, please contact the Area 13 Ombudsman at (812) 888-5158.

For more information, visit our website at GenerationsNetwork.org
Evidence-Based Programs

A Matter of Balance, Managing Concerns About Falls is an evidence-based nationally recognized, fall prevention program that focuses on training older adults to reduce their fear of falling and increase their activity levels while socializing with their peers.

40 INDIVIDUALS participated in Diabetes Self-Management workshops.

Chronic Disease Self-Management and Diabetes Self-Management Programs are self-management education and training programs through which people with diabetes and/or other chronic diseases or conditions gain the knowledge and skills needed to modify their behavior and successfully self-manage the disease and its related conditions. This process incorporates the needs, goals, and life experiences of the person and are guided by evidence-based standards.

96 INDIVIDUALS participated in A Matter of Balance.

52 INDIVIDUALS participated in Chronic Disease Self-Management workshops.

To find a workshop near you, or to schedule a workshop for an organization or group, contact Cathy Jones at (812) 888-5159 or by email at CatherineJones@vinu.edu.

For more information, call Generations at 1-800-742-9002
Do You Have Concerns About Falling?

A MATTER OF BALANCE is an award-winning evidence-based program that emphasizes practical strategies to manage falls.

WHO SHOULD ATTEND?
- Anyone concerned about falls
- Anyone interested in improving balance, flexibility, and strength
- Anyone who has fallen in the past
- Anyone who has restricted activities because of falling concerns

FREE CLASS - Limited to 10 participants

PARTICIPANTS LEARN TO
- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risks at home
- Exercise to increase strength and balance

To learn more about this eight-week evidence-based program, or to schedule a program in your area, contact Cathy Jones at (812) 888-5159 or by e-mail at Catherine.Jones@vinu.edu

A Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model ©2006
This program is based on Fear of Falling: A Matter of Balance. ©1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

A Matter of Balance Lay Leader Model
A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (#90AM2780).

GenerationsNetwork.org
Living a Healthy Life with Chronic Conditions

Based on Stanford University’s Chronic Disease Self-Management Program

Learn how to live a better life with chronic diseases such as diabetes, heart disease, chronic respiratory disease, etc.

A FREE PROGRAM*
ALL MATERIALS PROVIDED

TOPICS COVERED

- Managing symptoms
- Healthy eating
- Medication usage
- Stress management
- Making informed treatment decisions
- Working with healthcare providers
- Setting goals

To learn more about this six-week evidence-based program, or to schedule a program in your area, contact Cathy Jones at (812) 888-5159 or by e-mail at Catherine.Jones@vinu.edu

*This workshop does not replace any of your existing programs or treatments
Dine with a Doc® is a monthly program presented by Senior Education Ministries in partnership with Generations. Its purpose is to provide socialization and information for older adults. Medical specialists present on and answer questions about important medical topics, and local sponsors provide a free meal to attendees. Dine with a Doc® is scheduled for the first Wednesday of every month from 11 a.m. to 1 p.m. on the Vincennes University Campus.

For more information on the next Dine with a Doc® check out the Generations Facebook page or visit our website at GenerationsNetwork.org

162 INDIVIDUALS attended Dine with a Doc®.

416 AREA 5TH GRADERS participated in Disability Awareness.

Disability Awareness provides all Knox County 5th graders an idea of what it is like have a disability by having them participate in stations that simulate various disabilities.

For more information, visit our website at GenerationsNetwork.org
The Dementia Friends Indiana movement seeks to advance education and awareness of dementia, reduce the stigma associated with the disease and create community environments that are welcoming and conducive for those living with dementia. A Dementia Friend is someone who wants to make a positive difference in the lives of people living with dementia through increased awareness and support. Even small changes can help support people living with dementia to remain included, accepted and connected with their community.

For more information, visit DementiaFriendsIndiana.org.
To schedule a Dementia Friends Indiana information session for your organization or group, contact Brenda Hancock at (812) 888-5146 or bhancock@vinu.edu.

Nutrition Awareness Education activities provide an educational program at each congregate meal site and other rural sites where seniors gather during Nutrition Awareness Month.

Generations’ Community Events combine health screens, vendor fairs and presentations on a variety of rotating topics such as caregiving, aging well and elder justice.
Generations’ Volunteer Programs

Generations has 167 CURRENT AMERICORPS SENIOR VOLUNTEERS.

Research shows that doing as little as 2 hours of volunteering a week can improve your mental, emotional and physical health.

AmeriCorps Seniors RSVP (Retired and Senior Volunteer Program) pairs individuals 55 and over with volunteer opportunities that match their interests. This program is available in Greene and Knox counties.

AngelWorx provides volunteer opportunities in all six service counties and provides opportunities to individuals under 55.

Generations Volunteer Opportunities and Impact

Senior Medicare Patrol (SMP) volunteers speak at public events and distribute information on how to detect Medicare Fraud, practical protection techniques and how to report suspected fraud.

Tax Counseling for the Elderly (TCE) provides preparation and tax filing at no charge to elderly and disabled individuals. This is a volunteer program, and all volunteers are certified to prepare and file tax returns.

TCE volunteers prepared 1,748 2021 TAX RETURNS.

For a full list of volunteer opportunities, you may contact Kim Fourman at (812) 888-5879.

1425 INDIVIDUALS have been reached this year by SMP volunteers.

For more information, visit our website at GenerationsNetwork.org
Knox County Children were able to provide Christmas gifts to their adult caregiver through the Little Elves program. Little Elves volunteers conduct workshops at sites throughout Knox County giving children at 150% of poverty the opportunity to Christmas “shop” for the adult caregivers in their homes.

Build-A-Basket provides holiday baskets to Generations’ consumers in need during the holiday season; baskets are filled with everyday items that many of us take for granted. This project is open to schools, churches, businesses and individuals. Just purchase a laundry basket or tote and fill it with items such as dish soap, deodorant, toothpaste, etc.

Food Pantry volunteers help to sort and distribute food at local food pantries.

2,455 individuals received assistance from local food pantries.

808 Build-A-Baskets were donated by volunteers during the 2021 holiday season.

387 Knox County children were able to provide Christmas gifts to their adult caregiver through the Little Elves program.

2,455 individuals received assistance from local food pantries.

For more information, call Generations at 1-800-742-9002
Bits and Bytes Monthly Newsletter provides information and activities to homebound Generations’ consumers. Volunteers help to prepare the newsletters and activities to be mailed.

Community Sewing Projects draws on the sewing talents of volunteers who create and donate projects to local causes. Projects such as chemo caps, walker caddies, masks and sewing projects for military funerals.

2,950 BITS AND BYTES NEWSLETTERS were mailed to homebound consumers.

1,048 SEWING PROJECTS were completed and donated by volunteers.

For more information, visit our website at GenerationsNetwork.org
Children’s Vision Screening provides vision screens for pre-k and kindergarten children by trained volunteers to identify common vision problems so that they can be addressed by a professional early to avoid permanent damage.

Kindergarten Jumpstart helps prepare children for school by allowing them to spend two weeks prior to the start of school in classrooms. Generations’ volunteers partner with the United Way of Knox County for this program.

945 CHILDREN were screened by volunteers for common eye problems.

45 CHILDREN participated in the Kindergarten Jumpstart program.

For a full list of volunteer opportunities, you may contact Kim Fourman at (812) 888-5879.

For more information, call Generations at 1-800-742-9002
Other Fun Facts...

The Generations magazine is published three times per year and is FREE to subscribers. We strive to provide information that is interesting and helpful to older adults and caregivers.

Generations’ website has had over 6,600 VISITORS.

Generations’ magazine has over 4,400 SUBSCRIBERS in our six-county service area and beyond.

Generations has over 1,400 FACEBOOK FOLLOWERS.

320 INDIVIDUALS attended various Generations’ presentations.

If you would like to subscribe, contact Brenda Hancock at (812) 888-5146 or bhancock@vinu.edu.

For more information, visit our website at GenerationsNetwork.org
Indiana Legal Services provided assistance to **250 INDIVIDUALS** within the six-county service area

**GENERATIONS’ ADVISORY COUNCIL**

- Julie Burress – Dubois
- Lisa Coquillard – Daviess
- Gwen Dunn – Pike
- Carla Fausnaugh – Pike
- Noel Harty – Martin
- Darin Holder – Daviess
- Suzanne Hurst – Dubois
- Jean Johanningsmeier – Greene
- Janie Johnson – Martin
- Sue Knoll – Greene
- Judy Kratzner – Knox
- Debbie Loyd – Daviess
- Lori Ann Marchino – Knox
- Toni Matthewson – Pike
- Marty Qualkenbush - Knox
- Sister Joan Scheller – Dubois
- David Smith – Daviess
- Sue Sowders – Greene
- Rosie Wininguer – Martin

Nearly **21,000 TRIPS** were provided by transportation providers in the Generations service area.

**HOW TO CONNECT TO GENERATIONS**

- **Phone:** (800) 742-9002
- **Fax:** (812) 888-4568
- **Email:** Generations@vinu.edu
- **Website:** GenerationsNetwork.org
- **Facebook:** facebook.com/GenerationsAAA13

For more information, call Generations at 1-800-742-9002