

STEP IT UP



SEPTEMBER 1 thru SEPTEMBER 30, 2021

In recognition of Fall Prevention Month, help us help our community to be a safer place to live.

Hosted By *Generations*
Area 13 Agency On Aging & Disability



- WALKER CATAGORIES**
- INDIVIDUAL
 - TEAM OF 3
 - BUSINESS GROUP (>5)

REGISTER BY AUGUST 23rd

NO COST TO YOU

WEEKLY PRIZE DRAWING

T-SHIRTS to FIRST

100 COMPLETERS

GOODY BAGS



- RUNNER CATAGORIES**
- INDIVIDUAL
 - TEAM OF 3
 - BUSINESS GROUP (>5)

NAME/TEAM OF 3/ BUSINESS NAME: and TSHIRT sizes

PHONE: _____

EMAIL: _____

If team or business, list of participants and t-shirt size here:

_____	_____
_____	_____
_____	_____
_____	_____

SUBMIT INFORMATION TO:

Contact Person: Alma Kramer

1-812-888-4527

Email: akramer@vinu.edu

Generations STEP IT UP

PO Box 314

Vincennes IN 47591