

NAME/TEAM NAME: _____ TOTAL DISTANCE: _____ TOTAL TIME: _____

SEPT	DISTANCE	TIME	ACTIVITY (walk, run, bike, swim, etc.)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			
Total			SUBMIT TIMESHEET TO akramer@vinu.edu by October 3rd for Grand Prize drawing