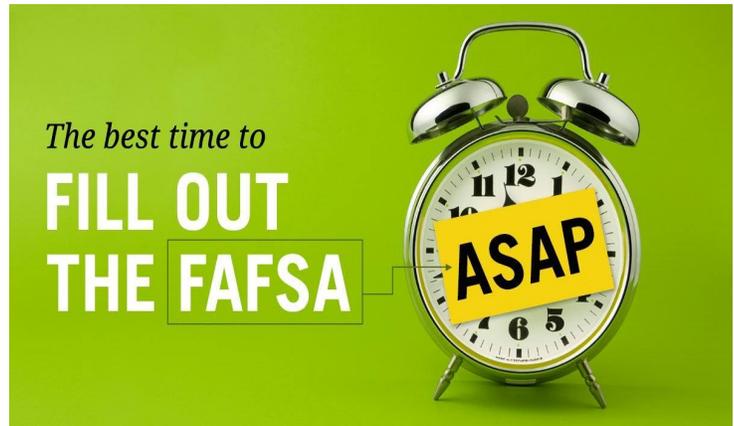


Welcome New Staff Member- Lynn Altstadt



Hello, my name is Lynn Altstadt. I am the new Outreach Advisor for North Knox Junior High/High School, Sullivan High School and White River Valley Middle School and High School. I am looking forward to serving my students and families second

semester. I was a first generation college student myself. I earned an Associate's Degree from VU as a traditional student and in recent years, earned both my Bachelor's and Master's Degrees from Western Governor's University, Indiana. My husband Don and I reside in Vincennes with our four children. I am excited to get to know all of my ETS students in the coming months. If there is anything that you as students or parents have questions about, please feel free to reach out to me.



Now is the time to fill out the FAFSA if you have not already done so. The Indiana State deadline is April 15, 2019. Just click on the link below to start your FAFSA. If you have any questions, contact your Outreach Advisor in your school!

<https://studentaid.ed.gov/sa/fafsa>

Educational Talent Search Staff

Kelly Renteria-Evans, Director

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Tedra Little– tlittle@vinu.edu

Rebecca Simpson– rsimpson@vinu.edu

Upcoming Campus Visits

- ◆ Friday, March 1, 2019– VU
- ◆ April 10, 2019– Oakland City University
- ◆ April 12th & 13th, 2019– IUPUI/Purdue
- ◆ April 22, 2019– USI/U of E

We have planned several college visits for the spring semester. Permission slips will be mailed out soon and please indicate which campuses you are interested in attending. Please note that there is a limited number of seats, so it is important to get your information filled out and mailed back promptly.

TRIO



TRIO Open House

February 6, 2019- 4-6 p.m.

The TRIO Programs of Vincennes University are happy to announce an Open House for Wednesday, February 6, 2019 from 4:00 p.m. to 6:00 p.m. on the 4th floor of Davis Hall. The TRIO programs focus on helping students succeed in their education, especially low-income, and/or potential first generation college students. These programs began in the 1960's, through the Economic Opportunity Act, and the Higher Education Act. For more information, please call (812) 888-2878. There are currently 5 TRIO programs at Vincennes University.

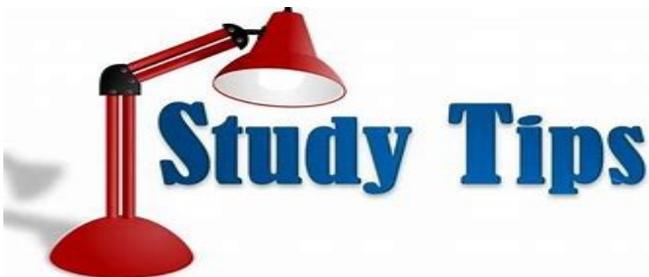
Time Management Tips



- ◆ Eliminate distractions
- ◆ Be focused at the task at hand
- ◆ Use a calendar
- ◆ Use a checklist
- ◆ Get organized
- ◆ Schedule rewards
- ◆ Get a good night's sleep



If you have a change of address, please notify your office person, this helps us to keep in better contact with you!!



Check out this website for valuable resources on study tips to help you prepare for upcoming tests.

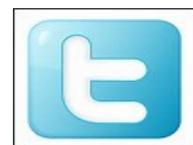
<https://howtostudy.org/resources.php>

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